

THE FIRST TEE CERTIFICATION REQUIREMENTS QUICK GLANCE

5 GENERAL REQUIREMENTS	PLAYER LEVEL Ages 7 and older	5 GENERAL REQUIREMENTS	PAR LEVEL Ages 9 and older	BIRDIE LEVEL Ages 11 and older	EAGLE LEVEL Ages 13 and older
1. Core lesson exposure	Core Lessons 1-9	1. Core lesson exposure	Core Lessons 10-15	Core Lessons 16-21	Core Lessons 22-27
2. Play		2. Golf Skills Application			
<ul style="list-style-type: none"> • Playing requirement 	<ul style="list-style-type: none"> • One 9-hole round <ul style="list-style-type: none"> - Fast/safe/courteous - Recorded score accurately (Honesty) - No required score or yardage 	<ul style="list-style-type: none"> • Playing requirement 	<ul style="list-style-type: none"> • One 9-hole round <ul style="list-style-type: none"> - Fast/safe/courteous - Score = 72 and under - Required distance = 1,500-1,900 yards 	<ul style="list-style-type: none"> • Five 9-hole rounds <ul style="list-style-type: none"> - Fast/safe/courteous - Score = 63 and under - Required distance = 1,900-2,500 yards 	<ul style="list-style-type: none"> • Ten 18-hole rounds <ul style="list-style-type: none"> - Fast/safe/courteous - Score = 108 and under - Required distance = 5,000-6,000 yards
<ul style="list-style-type: none"> • Putting 	<ul style="list-style-type: none"> • 9 holes <ul style="list-style-type: none"> - Fast/safe/courteous - Recorded score accurately (Honesty) - No required score 	<ul style="list-style-type: none"> • Putting 	<ul style="list-style-type: none"> • 9 holes • Maximum of 27 	<ul style="list-style-type: none"> • 9 holes • Maximum of 23 	<ul style="list-style-type: none"> • 9 holes • Maximum of 18
<ul style="list-style-type: none"> • Short Game 		<ul style="list-style-type: none"> • Short Game 	<ul style="list-style-type: none"> • 3 holes • Maximum of 12 	<ul style="list-style-type: none"> • 6 holes • Maximum of 21 	<ul style="list-style-type: none"> • 9 holes • Maximum of 27
<ul style="list-style-type: none"> • Full-swing (greens) 		<ul style="list-style-type: none"> • Full-swing (greens) 		<ul style="list-style-type: none"> • 3 out of 6 • Required distance = 55 to 75 yards to middle of green 	<ul style="list-style-type: none"> • 3 out of 6 • Required distance = 80 to 100 yards to middle of green
<ul style="list-style-type: none"> • Full-swing (fairways) 		<ul style="list-style-type: none"> • Full-swing (fairways) 			<ul style="list-style-type: none"> • 3 out of 6 • Required distance = 160 to 190 yards to a fairway 40-45 yards wide
3. Learn	Correctly answered 10-12 written (or verbal) questions	3. Life Skills Knowledge	Correctly answered 15-18 written (or verbal) questions	Correctly answered 20-24 written (or verbal) questions	Correctly answered 25-30 written (or verbal) questions
4. Appreciate	Correctly answered 8-10 written (or verbal) questions	4. Golf Knowledge	Correctly answered 12-15 written (or verbal) questions	Correctly answered 16-20 written (or verbal) questions	Correctly answered 20-25 written (or verbal) questions
5. Your Game	<i>Bag tag checklist</i> <ol style="list-style-type: none"> Showing Respect Courtesy Toward Others Responsibility for the Course The Honesty of PLAYERS Modeling Sportsmanship Developing Confidence Using Good Judgment Playing with Perseverance Living with Integrity + physical healthy habits of energy, play and safety	<i>Measured by observable behaviors associated with The First Tee life skill categories, specific life skill strategies and Nine Healthy Habits</i> <ol style="list-style-type: none"> 10. GAME 11. Respect 12. Meeting and Greeting with A-L-R 13. Three Tips for Having Fun 14. 4Rs 15. Personal Par + physical healthy habits of energy, play and safety	<i>Bag tag checklist</i> <ol style="list-style-type: none"> 16. Dreams and Goals 17. Important and Positive Goal 18. Specific and Under Your Control 19. Different Types of Goals 20. Goal Ladder 21. STAR + physical healthy habits of energy, play and safety	<i>Bag tag checklist</i> <ol style="list-style-type: none"> 22. Wellness 23. Go-to Team 24. Appreciating Diversity 25. CARE 26. Go-to Person 27. Planning for the Future + physical healthy habits of energy, play and safety	